



**L** - Leaving Social Media, Gossip, Criticism, Unhealthy Eating, Bad Habits.

**E** - Earning Volunteer time, Pray for the sick, Bible Reading, Compliment strangers, Rosary, Good Habits.

**N** - Nourishing Virtues, Helping Mentality, Almsgiving, Empathy, Repentance

**T** - Tear off Anxiety, Worry, Hatredness, Selfishness

## St. Mary's Knanaya Catholic Forane Church, Houston 6400 W. Fuqua Rd, Missouri City, TX 77489

### FROM THE PASTOR'S DESK PURPOSE OF LENT



The purpose of Great Lent is to prepare the faithful to not only commemorate, but to enter into the Passion and Resurrection of Jesus. Lent is not for the sake of Lent itself, as fasting is not for the sake of fasting. Rather, these are means by which and for which the individual believer prepares himself to reach for, accept and attain the calling of his Savior. Great Lent is a sacred Institute of the Church to serve the individual believer in participating as a member of the Mystical Body of Christ. It provides each person an annual opportunity for self-examination and improving the standards of faith and morals in his Christian life. The deep intent of the believer during Great Lent is encapsulated in the words of Saint Paul: "forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal of the prize of the upward call of God in Christ Jesus" (Philippians 3:13-14). The attitude towards this period is very positive, it is not so much a period of repentance, as the "West" think of it, as an attempt to recapture our true state as it was for Adam and Eve before the fall - to live pure lives

Pope Francis' 10 inspirational messages for Lent Here are some inspirational quotes from Pope Francis' lenten messages to get you started. These quotes will help you answer your old age question - What should I do for lent? God can give us the strength to change our lives. "Lent comes providentially to reawaken us, to shake us from our lethargy." There is a need for conversion. "There is something not right with us, with our society, with the church and we need to change, to turn, to convert!" There is more to simply giving up our bad habits this lent. "Conversion can't be reduced to exterior forms or vague resolutions, but involves and transforms one's entire existence, starting with the center of the person, the conscience."

To experience the real value of lent, we have to learn how to pray amidst the difficult circumstances. "In the face of so many wounds that hurt us and could lead to a hardness of heart, we are called to dive into the sea of prayer, which is the sea of the boundless love of God, in order to experience his tenderness." Recognize that God has given you so much even though we are not deserving and give it to those who are in need instead. "Almsgiving also helps free people from the obsession of possession, from the fear of losing what they have and from the sadness of not sharing their

well-being with others." There is no act of mercy that is too little not to be recognized. "A little bit of mercy makes the world less cold and more just." Set aside power, glory and wealth. Create equality and remove differences by sharing. "God's becoming man is a great mystery! But the reason for all this is his love, a love which is grace, generosity, a desire to draw near, a love which does not hesitate to offer itself in sacrifice for the beloved." Give up something that will be beneficiary to others. "Lent is a fitting time for self-denial; we would do well to ask ourselves what we can give up in order to help and enrich others by our own poverty." There is more to poverty that being stripped of your power and wealth. "there is only one real kind of poverty: not living as children of God and brothers and sisters of Christ." Sought out the poor and sinners. Open out doors to evangelization. LENT means L- For Leaving the following :Social Media, Gossip, Criticism, Unhealthy Eating, Bad Habits etc. E- Earning Volunteer time, Pray for the sick, Bible Reading, Compliment strangers, more Masses, Rosary, Good Habits etc N - For Nourishing the following : Virtues, helping Mentality, Almsgiving, empathy, repentance etcw T- For Tear off the following: Anxiety, Worry, Hatredness, selfishness etc

May God Bless You All

Fr. Suni Padinjarekkara

### HOLY MASS, NIGHT VIGIL & NOVENA TIMINGS

- Holy Mass:**  
Monday - Friday | 7 PM. Saturday | 9:30 AM.  
**Sunday | 7:30 AM, 9:00 AM (English), 11:30 AM**  
**Night Vigil:**  
First Off Weekend Friday of the Month | 8 PM. to Midnight
- Adoration**  
Every Friday | 9 AM - 7 PM.  
Monday - Friday | 6-7 PM. Saturday | 8:30 - 9:30 AM.  
**Novenas : St. Antony Tuesday | After 7 PM. Mass**  
**St. Jude Thursday | After 7 PM. Mass**  
**Our Lady of Perpetual Succour Saturday | After 9:30 AM. Mass**



March 3

Sunday Readings: March 2019 / St. Joseph Koodarayogam

March 10

7:30 AM

9:00 AM

11:30AM

7:30 AM

9:00 AM

11:30AM

First Reading:

Ex 34:27-35



First Reading:

Gen 5:19-31

Second Reading:

Eph 4:17-24

Second Reading:

Rom 6: 15-23

Holy Gospel:

Mt 4:1-11

Holy Gospel:

Mt 7:21-27



BIBLE QUIZ # 12

1. What did Hannah say when she named her son Samuel?

എന്ത് പറഞ്ഞാണ് ഹന്ന പുത്രന് സാമുവൽ എന്ന് പേരിട്ടത് ?

2. Samuel did not recognize the Lord, why?

കർത്താവാണ് വിളിച്ചതെന്ന് സാമുവൽ അറിഞ്ഞില്ല കാരണം?

3. \_\_\_\_\_ abates great offenses?

\_\_\_\_\_ വലിയ തെറ്റുകൾക്ക് പരിഹാരമായി ഭവിക്കും ?

4. How old was Tobit when he died?

എത്രമത്തെ വയസ്സിലാണ് തോബിത് മരിച്ചത് ?

5. Who is the mother of Usiya?

ഊസിയായുടെ മാതാവാരാണ് ?

Name of the contestant

Family Name

Phone #

Quiz # 10 Corrected Answer

2. കർത്താവിന്റെ ഭാഗവബലികളും അവിടുത്തെ അവകാശങ്ങളും 8. 2 ജോൺ

Bible Quiz # 11 Correct Answers.

1. യാരോഹാം
2. 7 നക്ഷത്രങ്ങൾ 7 സഭകളുടെ ദൂതന്മാരുടേയും 7 ദീപ പിറന്നു 7 സഭകളുടേയും പ്രാതിനിധ്യം വഹിക്കുന്നു.
3. അവൻ തന്റെ സ്നേഹിതന്മാർക്കുവേണ്ടി പ്രാർത്ഥിച്ചപ്പോൾ
4. ആയുധങ്ങളേക്കാൾ/രത്നങ്ങളേക്കാൾ
5. ഉത്തമഗീതം
6. ജ്ഞാനം
7. അശാബോസ്
8. സെബദി പുത്രന്മാരുടെ അമ്മ
9. മോസ്കസ്
10. അനാനിയോസ്

Please refer to the POC Bible and the New American Bible only.

6. Who did Moses at the mountain of God on his journey to Egypt.?

ഊജിപ്തിലേക്കുള്ള മടക്കയാത്രയിൽ മോശ ദൈവത്തിന്റെ മലയിൽ കണ്ടുമുട്ടിയതാരെ?

7. What kind of wood was used to make Noah's arc?

സാക്ഷ്യ പേടകം ഉപയോഗിക്കാൻ നിർമ്മിക്കേണ്ട മരം

8. What was the basket that took Moses on the river made of?

മോശയെ നദിയിലൊഴുകിയ പേടകം എങ്ങനെയാണ് നിർമ്മിച്ചത്

9. What was the name given to Daniel by the chief chamberlain?

കൊട്ടാര ഷബന്മാരുടെ നായകൻ ദാനിയേലിനു നൽകിയ പേര്?

10. Which book talks about the destruction of Babylonians who oppressed Israelites?

ഇസ്രായേലിനെ ഞെരുക്കിയ ശക്തനായ ഒരു ഭരണാധികാരിയുടെ നാശത്തെക്കുറിച്ച് പറയുന്ന ഗ്രന്ഥം?

Quiz # 11

Selected winner: Elsy & John Neettukattu

Winners

Aleena Cheruvil, Lucy Babu Karukaparambil, Simon Thomas Karickal, Divya Stany Cheruthan-niyil, Shirly Stany Cheruthanniyil, Flora Philin Kudakasseril, Anncin

Jose Thannichuvattil, Alphons Jose Thannichuvattil, Tessy Siby Mecheril, Jason & Johan Noby Kochuveettill, Beenamol Maruthachikal



All wisdom comes from the Lord.

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**ANNOUNCEMENTS**

- March 3<sup>rd</sup>** St. Joseph's Koodarayogam at the residence of **Mathukutty Mangatt at 5 pm .**  
St. Stephen's Koodarayogam at the residence of **Sabu Poothakari at 7 p m.**
- March 3<sup>rd</sup>** Class for parents - 10 am to 11 am. By Anju Koreth.
- March 3<sup>rd</sup>** Vince De Paul Meeting after third Mass.
- March 9<sup>th</sup>** Youth Gathering (Saturday) **March 15, 16 & 17** Annual Retreat **March 29, 30 & 31** Ezra Prayer Meet
- March 11-14** Class for CCD teachers and young couples.

**Schedule for Lenten Way Of the Cross on fridays**



- March 8** **St. Antony's / St. Anns KoodaraYogam**
- March 15** **St. Joseph / St. Jude KoodaraYogam**
- March 22** **St. Stephen / St. George KoodaraYogam**
- March 29** **St. Thomas / St. Christopher / Holy Family KY**
- April 5** **St. Xavier / Ave Maria / St. Theresa of Calcutta**
- April 12** **St. Michaels / St. Alphonsa KoodaraYogam**

**March 15, 16 & 17**

**LENTERN RETREAT**  
**BY BR. MARIO JOSEPH**

**EZRA 1:5**  
"THEN THE FAMILY HEADS OF JUDAH AND BENJAMIN, AND THE PRIESTS AND LEVITES—EVERYONE WHOSE HEART GOD HAD MOVED—PREPARED TO GO UP AND BUILD THE HOUSE OF THE LORD IN JERUSALEM"

AED 342

**EZRA MEET - HOUSTON**

**LEAD BY**









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**CONTRIBUTIONS & OFFERINGS**

**February 17**

Annual contributions	\$ 1538.00
Building Fund	\$ 65710.00
Sunday collections	\$ 4040.00

**February 24**

Annual contributions	\$ 1362.00
Building Fund	\$ 20370.00
Sunday collections	\$ 2250.00

**2019 Koodarayogam Monthly Reading**

January	St. Thomas
February	St. Stephens
<b>March</b>	<b>St. Joseph</b>
April	St. George
May	Ave Maria & St. Anns
June	St. Antony
July	St. Alphonsa & St. Christopher
August	St. Xaviers
September	Holy Family
October	St. Theresa
November	St. Jude
December	St. Michaels



**CHURCH OFFICIALS**

**VICAR**

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Cell	708-953-1912

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**ACCOUNTANT**

Jeemon Varikkattu	713-291-4027
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**AUDITOR**

Suman Maruthachickal	281-437-6542
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**TRUSTEES**

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Roy Mangappallil	713-826-6489
Johnson Vattamattathil	201-270-9360

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**DRE**

Rarichen Chennattu	713-540-6363
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**CONVENT**

Sr. Reji (Mother)	832-679-3702
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**SACRISTAN**

Thomas Athimattathil	713-540-3484
Jose Thannichuvattil	434-466-2066

**CHOIR**

Jose Kuruppamparambil	281-746-8083
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**BIBLE READINGS**

Sheeba Thannichuvattil	434-466-2059
(For Malayalam Masses)	
Tomy Chamakalayil	281-725-2224
(For English Mass Only)	

**FUNERAL COORDINATOR**

Jojith Kulathilkarottu	832-290-0391
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**EUCCHARISTIC MINISTERS CO-ORDINATOR**

Babu Parayamkalayil	832-971-0924
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70<sup>th</sup> Wedding Anniversary  
1/17/2019

**70** ഞാൻ വിവാഹ വാർഷികം ആഘോഷിക്കുന്ന ഞങ്ങളുടെ പ്രിയപ്പെട്ട അച്ചായനും അമ്മച്ചിക്കുറുമകളുടെയും പ്രാർത്ഥനാനിർഭരമായ മാനുഷാശംസകൾ

ഈ. തോമസ് & ചിന്നമ്മ തോമസ്, ഓണിശ്ശേരിയിൽ, കല്ലൂർ

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