



മാലാഖാ ദൂത്

ANGEL VOICE

ST. MARY'S KNANAYA CATHOLIC FORANE CHURCH
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ഫാ. ഏബ്രഹാം മുത്തോലത്ത് കോട്ടയം സോഷ്യൽ സർവീസ് സൊസൈറ്റിയുടെ കാരുണ്യ ശ്രേഷ്ഠ പുരസ്കാരം മന്ത്രി വാസവൻ, മാർ മാത്യു മുലക്കാട്ട് മെത്രാപ്പോലീത്താ എന്നിവരിൽ നിന്ന് ഏറ്റുവാങ്ങിയപ്പോൾ.

SUNDAY MASS SCHEDULE

7:30 AM MALAYALAM

QURBANA

9:30 AM ENGLISH

QURBANA

11:30 AM MALAYALAM

SOLEMN QURBANA

Readings

Sunday February 23, 2025

Eighth Sunday of Epiphany

- Ex 15:22-26 The Power of God and His miracle at Marah
- Is 44:23-28 I am the Lord, the creator and the redeemer
- Eph 1:15-23 God of our Lord Jesus Christ, the Father of glory
- Mk 1:7-11 I am not worthy to stoop down and untie the thong of his sandals

VICAR'S MESSAGE

THE IMPORTANCE OF A POSITIVE APPROACH IN LIFE

Dear Brothers and Sisters in Christ,

Grace and peace to you in the name of our Lord Jesus Christ!

Life presents us with both joys and challenges. How we approach these situations - whether with optimism or pessimism - can shape not only our own lives but also those of our families, parishes, and communities. A positive approach leads to growth, healing, and transformation, while a negative mindset can bring despair, division, and destruction. Today, let us reflect on the power of a positive approach in light of our Christian faith.

World-Changers: Optimists vs. Pessimists

Throughout history, great personalities have made a significant impact based on their outlook on life. Consider two contrasting perspectives:

- **Optimistic Leaders:** Mahatma Gandhi, Nelson Mandela, and Mother Teresa faced immense difficulties, yet their unwavering faith and positive mindset changed the world for the better. They believed in the goodness of humanity and worked tirelessly to bring justice, peace, and love.
- **Pessimistic Thinkers:** On the other hand, history has also seen leaders consumed by doubt, fear, and negativity. Their pessimism led to destructive decisions, harming themselves and their people. A negative approach often results in hopelessness, conflict, and failure.

Jesus: The Ultimate Role Model for Positivity

Jesus Christ is the perfect example of a positive approach. Even in the face of rejection, betrayal, and crucifixion, He remained filled with love, hope, and forgiveness. Consider these moments from His life:

- **Feeding the Five Thousand (Matthew 14:13-21):** When the disciples saw scarcity, Jesus saw abundance. With faith, He multiplied the loaves and fish, teaching us that trust in God overcomes limitations.
- **Calming the Storm (Mark 4:35-41):** While the disciples panicked, Jesus remained calm and commanded the storm to be still. His peace reassured them, showing that faith triumphs over fear.
- **On the Cross (Luke 23:34):** Even at His most painful moment, Jesus forgave His persecutors, demonstrating that love and mercy are stronger than hatred and despair.

VICAR'S MESSAGE

The Dangers of a Pessimistic Approach

A negative attitude can be toxic, affecting all aspects of life:

- **Personal Life:** Pessimism leads to stress, anxiety, and lack of motivation. It blinds us to possibilities and weakens our faith.
- **Family:** Constant negativity creates tension, misunderstandings, and broken relationships.
- **Parish:** A pessimistic parish community struggles to grow spiritually and loses its sense of mission. Doubt and discouragement hinder evangelization.
- **Society:** When negativity dominates, conflicts arise, and people lose hope in justice, peace, and progress.

How to Transform from Negativity to Positivity

Shifting from a negative mindset to a positive one requires effort and faith. Here's how we can do it:

1. **Pray and Trust in God:** Seek God's strength to change your heart. "I can do all things through Christ who strengthens me" (Philippians 4:13).
2. **Read the Scriptures:** Fill your mind with God's promises of hope and victory.
3. **Surround Yourself with Positive Influences:** Be with people who uplift and encourage you.
4. **Practice Gratitude:** Focus on blessings instead of difficulties. Gratitude leads to joy.
5. **Speak Words of Life:** Avoid negative speech and instead encourage and inspire others.
6. **Serve Others:** Helping those in need shifts focus from problems to purpose.

The Blessings of a Positive Approach

When we embrace optimism rooted in faith, we experience:

- **Inner Peace:** Trusting God removes anxiety and brings calmness.
- **Joy:** Seeing life's beauty fills our hearts with happiness.
- **Salvation:** A positive faith in Christ leads us to eternal life with Him.

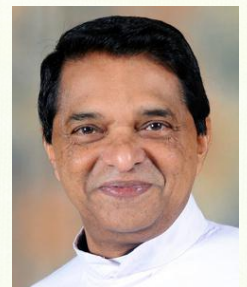
Dear friends, let us follow Jesus' example and adopt a positive approach in all aspects of our lives. May we replace fear with faith, doubt with trust, and despair with hope. When we live with a Christ-centered optimism, we become beacons of light, bringing peace, joy, and salvation to those around us.

May God bless you abundantly!

In Christ's love,

Fr. Abraham Mutholath

Vicar





SNAPSHOTS

**ഫാ. അബ്രഹാം മുത്തോലത്തിന്
കെ.എസ്.എസ്.എസ് കാരുണ്യ ശ്രേഷ്ഠാ
പുരസ്കാരം സമ്മാനിച്ചു**





SNAPSHOTS

കോട്ടയം: കോട്ടയം അതിരൂപതയുടെ സാമൂഹ്യ സേവന വിഭാഗമായ കോട്ടയം സോഷ്യൽ സർവ്വീസ് സൊസൈറ്റിയുടെ നേതൃത്വത്തിൽ സംഘടിപ്പിച്ച 25-ാം മത് ചൈതന്യ കാർഷിക മേളയോടും സ്വാശ്രയസംഘ മഹോത്സവത്തോടും അനുബന്ധിച്ച് ഏർപ്പെടുത്തിയ കാരുണ്യ ശ്രേഷ്ഠ പുരസ്കാരം കെ.എസ്.എസ്.എസ് മുൻ ഡയറക്ടറും അമേരിക്കയിലെ ഹ്യൂസ്റ്റൺ സെന്റ് മേരീസ് ക്നാനായ കാത്തലിക് ചർച്ച് വികാരിയുമായ റവ. ഫാ. അബ്രഹാം മുത്തോലത്തിന് സമ്മാനിച്ചു. കെ.എസ്.എസ്.എസ് സ്വാശ്രയസംഘ പ്രവർത്തനങ്ങളും കാർഷിക മേളയ്ക്കും ഭിന്നശേഷിക്കാർക്കായുള്ള സമൂഹാധിഷ്ഠിത പുനരധിവാസ പദ്ധതിയ്ക്കും തുടക്കം കുറിച്ചത് ബഹു. അബ്രഹാം മുത്തോലത്ത് അച്ചനാണ്. കൂടാതെ ഭിന്നശേഷിയുള്ള വ്യക്തികളുടെ സമഗ്ര ഉന്നമനത്തിനായി ചേർപ്പുങ്കലിൽ അഗാപ്പെ സെന്റർ ആരംഭിക്കുകയും കെ.എസ്.എസ്.എസ് സിബിആർ പ്രവർത്തനങ്ങള്ക്ക് കൂടുതൽ കരുത്ത് പകരുന്നതിനായി ചേർപ്പുങ്കലിലുള്ള തന്റെ പൈതൃക സ്വത്ത് നൽകുകയും കൂടാതെ ഗുഡ് സമരിറ്റൻ റിസോഴ്സ് സെന്ററും മുത്തോലത്ത് എസി ഓഡിറ്റോറിയവും ഇംപാക്ട് സെന്ററും പണി കഴിപ്പിച്ച് നൽകിയതും ബഹു. മുത്തോലത്ത് അച്ചനാണ്. കൂടാതെ ഇപ്പോഴും ചെറുതും വലുതുമായ പദ്ധതികളിലൂടെ കെ.എസ്.എസ്.എസ് സാമൂഹ്യ പ്രവർത്തന മേഖലയിൽ കർമ്മ നിരതനാണ് ബഹു. മുത്തോലത്ത് അച്ചൻ. ഭിന്നശേഷിയുള്ളവരോടും പാർശ്വവൽക്കരിക്കപ്പെട്ട ജനവിഭാഗങ്ങളോടും കരുണാർദ്ര സമീപനം തുടർന്ന് പോരുന്ന ബഹു. മുത്തോലത്ത് അച്ചന്റെ സേവനങ്ങളെ മാനിച്ചുകൊണ്ടാണ് 25-ാം മത് ചൈതന്യ കാർഷിക മേളയിൽ കെ.എസ്.എസ്.എസ് കാരുണ്യ ശ്രേഷ്ഠ പുരസ്കാരം സമ്മാനിച്ചത്. കാർഷിക മേളയുടെ സമാപന സമ്മേളനത്തിൽ കോട്ടയം അതിരൂപത മെത്രാപ്പോലീത്ത മാർ മാത്യു മൂലക്കാട്ടും സഹകരണ തുറമുഖ ദേവസം വകുപ്പ് മന്ത്രി വി.എൻ വാസവനും ചേർന്ന് പുരസ്കാരം സമ്മാനിച്ചു.



UPCOMING EVENTS AND ANNOUNCEMENTS

- [Homily on Mathew 8:5-13 by Fr. Abraham Mutholath in Houston on February 16, 2025.](#)
- **Teen Zone will be held on this Friday as usual at 5:30 P.M. followed by Holy Qurbana at 7:00 P.M. and one hour adoration.**
- **Catechism classes ends only at 11:45am on Sundays. Children (especially children from middle and high school), please do not try to leave or parents please do not try to pull out the children before 11:45am. Recently, this is causing disturbance to the teachers in classes. Also Children please make sure to go straight to your classrooms immediately after dismissal from Qurbana. Parents, please make sure that they are going to the class.**
- **Combined Koodarayogam of Ave Maria and St. Joseph will be held on coming Sunday February 23rd at 5:00 P.M. at the house of Naveen Kadamuriyil.**
- **St. Anne's Koodarayogam will be held on Sunday February 23rd at the house of Roy and Sheeba Chirapurathu at 7:00 P.M.**
- **The Holy Childhood Ministry is organizing a workshop for children in 1st to 4th grades in collaboration with Jesus Youth on February 22nd. Please complete the Google Forms registration by February 15th. The registration fee is \$10. The event will begin with Qurbana at 9:30 AM and will conclude at 1:00 PM.**
- **Retreat schedule:**
 - **Thursday April 3rd 6:00 pm to 9 pm Leaders Desiples Training**
 - **Friday 9:00 am Qurbana to 5:00 pm**
 - **Saturday 9:30 am Qurbana to 5:00 pm**
 - **Sunday 9:30 am English Qurbana followed by retreat at 10:45 am and end with Malayalam Qurbana at 5:00 pm.**
 - **Children and youth retreat on Saturday and Sunday.**



7pm English
Mass

**ST. MARY'S KNANAYA CATHOLIC
FORANE CHURCH, HOUSTON**

Teen Zone

ADORATION

GAMES

2/21 @ 6pm

Fun, Games, Activities & Food

Every Third Friday

6:00 - 6:50 TEEN ZONE (8TH-12TH GRADERS ONLY)

7:00-8:00 ENGLISH QURBANA (OPEN TO EVERYONE)

8:00-8:45 ADORATION (OPEN TO EVERYONE)





Annual Retreat

led by

Missionaries of Apostolic Grace



Rev. Dr. John Palathinkal
Spiritual Father



Br. Prince Vithayathil
Founder MOAG



Br. Francis Xavier
Preacher



Br. Jackson Jose
Preacher



Schedule



April 3, Thursday:

- Discipleship training for leaders: 6:00 to 9:00pm

April 4, Friday:

- Qurbana at 9:00am followed by:
 - Adult's Retreat until 5:00pm

April 5, Saturday:

- Qurbana at 9:30am followed by:
 - Adult's Retreat until 5:00pm
 - Youth and Children's Retreat until 5:00pm

April 6, Sunday:

- Malayalam Qurbana at 7:30am
- English Qurbana at 9:30am followed by:
 - Adult's Retreat until 5:00pm
 - Youth and Children's Retreat until 5:00pm
- Malayalam Solemn Qurbana at 5:00pm



St. Mary's Knanaya Catholic Forane Church Houston

6400W. Fuqua St., Missouri City, TX. 77489



Jerrin Thottapilly
Children's
Ministry



Neethu Sebastian
Children's
Ministry

IMPORTANT DATES

FEBRUARY 2025

FEB 21 FRI: FEASTS OF SAINTS OF THE SYRO-MALABAR CHURCH AND PATRON OF THE CHURCH

FEB 23 SAT: FEAST OF SAINT POLYCARP

FEB 25 TUE: FEAST OF BLESSED MARTYR RANI MARIA

FEB 28 FRI: COMMEMORATION OF THE DEAD

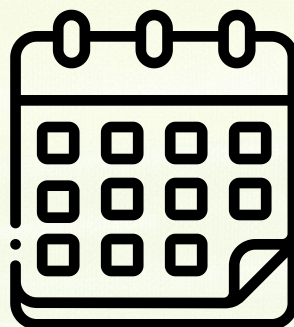
MARCH 2025

MAR 3 MON: LENT BEGINS. DAY OF FASTING

MAR 18 TUE: FEAST OF SAINT CYRIL OF JERUSALEM

MAR 19 WED: FEAST OF DEATH OF SAINT JOSEPH

MAR 25 TUE: THE FEAST OF ANNUNCIATION





CATECHISM CORNER

UPDATES

FRIDAY, FEBRUARY 21

TEEN ZONE - 5 : 30 PM

CONFESSION - 7 : 00 PM

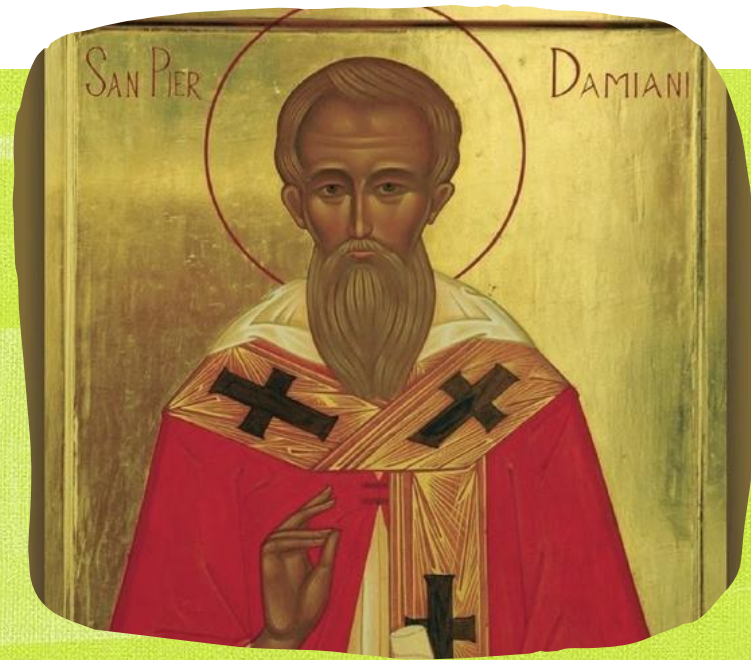
HOLY QURBANA (ENGLISH) - 7 : 00 PM

ADORATION (ENGLISH) - 8 : 00 TO 8 : 45 PM

SAINT OF THE WEEK

ST, PETER DAMIEN
FEAST DAY:
FEBRUARY 21

**PATRONAGE: REFORMERS,
CLERGY, AND THOSE
SUFFERING FROM
INSOMNIA OR HEADACHES**



BIBLE PASSAGE

VERSE OF THE WEEK

Colossians 3 23-24

Whatever you do, work heartily,
as for the Lord and not for men,
knowing that from the Lord you
will receive the inheritance as
your reward. You are serving the
Lord Christ.

- EXODUS 15:22-26
- ISAIAH 44:23-28
- EPHESIANS 1:15-23
- MARK 1:7-11

WEEKLY SCHEDULE

QURBANA SCHEDULE

MON - FRI: 9:00 AM (MAL)
7:00 PM (MAL)

SATURDAY: 9:30 AM (MAL)

SUNDAY: 7:30 AM (MAL)
9:30 AM (ENG)
11:30 AM (MAL - SOLEMN)

CATECHISM

SUNDAY: 10:30 AM

CONFESSION

MON - FRI: 6:00 PM - 6:45 PM
(ALSO ANYTIME UPON REQUEST)

NOVENA (AFTER QURBANA)

TUESDAY: ST. ANTONY
THURSDAY: ST. JUDE
FIRST FRIDAY: SACRED HEART
SATURDAY: B.V. MARY

ADORATION

MON - FRI: 6:00 PM - 7:00 PM
SATURDAY: 8:30 AM - 9:30 AM
FIRST FRIDAY: 8 PM TO 9 PM (MAL)
THRID FRIDAY: 8 PM TO 9 PM (ENG)

OFFICE HOURS

PLEASE CALL FOR APPOINTMENTS

CONTACT INFORMATION

VICAR / PASTOR:

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JASSIM THAYILPUTHENPURAYIL
713-498-0604

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WE ARE DEVASTATED TO SHARE THE PASSING OF MARTIN KUNNACHERRY (AGE 58) TODAY IN INDIA. HE IS THE LOUING HUSBAND AND MINIMOL (PATHIL) AND FATHER TO MANISHA AND MAJISH. HE IS THE YOUNGEST BROTHER OF JIMMY AND THANKACHAN KUNNACHERRY, AND GIGI KULAKKATTU.

PLEASE KEEP THE FAMILY IN YOUR PRAYERS.

MAY GOD GRANT HIM ETERNAL PEACE.

If anyone would like to post Obituary, Wedding anniversary, Jubilee, Business ad etc. please contact PRO.

Any request will be subject to review

Small fee may be charged that will go to charity via church account.