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ANGEL VOICE

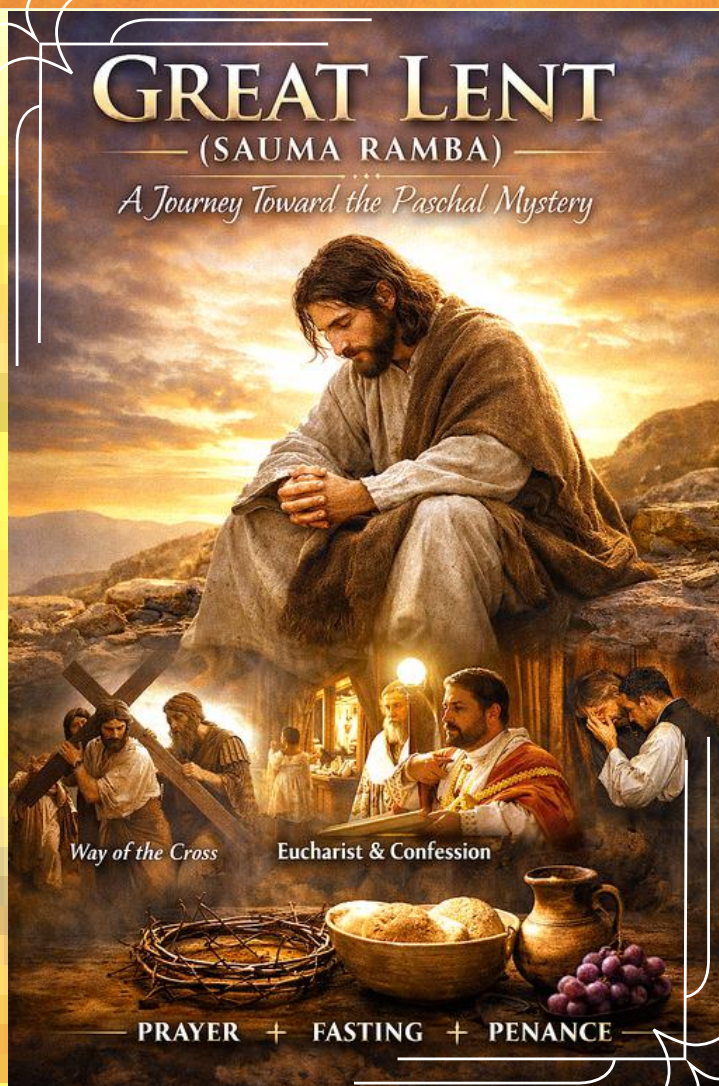
ST. MARY'S KANAYAYA CATHOLIC FORANE CHURCH

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SUNDAY MASS SCHEDULE

◆ 7:30 AM MALAYALAM
QURBANA (SOLEMN)

◆ 9:30 AM ENGLISH QURBANA

◆ 11:30 AM MALAYALAM
QURBANA

🔍 Readings

Sunday, February 15, 2026

First Sunday of Lent

- Ex 24:12-18 Moses was on Mount Sinai for forty day
- Sir 2:1-11 Trust in the Lord and face temptations
- Heb 2:10-18 One who is able to help those who are tempted
- Lk 4:1-13 Jesus' forty days fast

VICAR'S MESSAGE

GREAT LENT: A JOURNEY OF CONVERSION

Dearly beloved in Christ,

The Holy Church now invites us to enter the sacred Season of the Great Fast (Sauma Ramba), a privileged time of grace, conversion, and spiritual renewal. This holy season prepares us to celebrate the **Paschal Mystery**—the Passion, Death, and Resurrection of our Lord Jesus Christ—which stands at the very heart of our salvation.

The Meaning and Structure of the Great Fast

The foundation of the Great Fast is the **forty-day fast of Jesus** in the wilderness, during which He prepared Himself for His public mission. To this, the Church adds **ten more days** in remembrance of the Passion of Christ, culminating in the joyful celebration of Easter. Thus, our tradition speaks of a **fifty-day fast**, faithfully observed by the St. Thomas Christians from **Pethurtha Sunday to Easter Sunday**. The Syriac word Pethurtha means “putting an end” or “turning back,” reminding us that days of excess and self-indulgence must give way to repentance, discipline, and renewed focus on God.

Milestones Along the Lenten Journey

On the **Wednesday of the fourth week**, the Church commemorates the **midpoint of the Great Fast**, calling us to examine our progress, correct our shortcomings, and recommit ourselves to the spirit of fasting and conversion.

The **40th day** marks the completion of the fast proper and the beginning of the intense **Passion observance**, drawing us ever closer to the saving sufferings of Christ.

A Call to Inner Conversion

Great Lent teaches us that an unchecked attachment to material wealth leads to sin. Wealth is God's gift, entrusted to us to be used wisely and shared generously. True salvation is experienced through **repentance, prayer, fasting, and works of charity**. We become authentic disciples when we accept **God Himself as our true wealth**, following the example of the apostles who renounced everything to follow Christ.

Salvation is received when we humbly **confess our sins** and cast aside the dirty mantle of sin. Our sanctification is God's will, and it is made possible only through **Jesus Christ**, who offered His Body and Blood to the Father for our sake. Though the body tempts us toward sin, resisting evil involves sacrifice and suffering. When we unite our sufferings with those of Christ, we grow in faith and are prepared to share in the **joy and peace of His Resurrection**.

Lenten Discipline and Catholic Practice

The Church designates **Ash Monday and Passion Friday** as days of fasting and abstinence. More broadly, Great Lent is a sacred season of conversion that calls for both **external discipline and interior transformation**.

VICAR'S MESSAGE

How We Observe Great Lent

- **Fasting:** A voluntary act of self-denial that disciplines the body and deepens our hunger for God, especially observed on Ash Monday and Good Friday, and practiced personally throughout Lent.
- **Abstinence:** Particularly from meat on Fridays, uniting us with Christ's sacrifice and fostering simplicity and self-control.
- **Way of the Cross:** By meditating on the Stations of the Cross, we enter into the Lord's Passion and learn to carry our own crosses with hope.
- **Holy Qurbana:** Participation in the Eucharist is central to Lenten life, strengthening us with Christ Himself.
- **Lenten Retreats and Spiritual Exercises:** Times of silence and reflection that renew our commitment to the Gospel.
- **Confession (Sacrament of Reconciliation):** At the heart of Lent, restoring us to grace through God's mercy and forgiveness.

Pastoral Guidance on Fasting and Abstinence

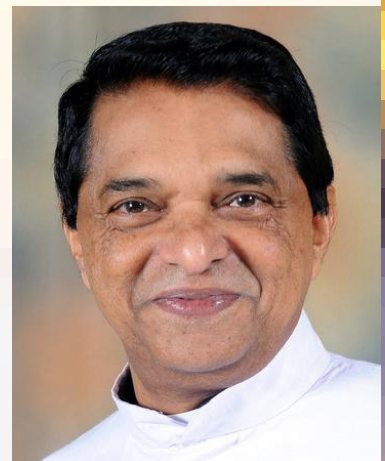
The Church binds the faithful to fasting and abstinence while recognizing human limitations. Exemptions are granted based on **age, health, and serious circumstances**, and those exempt are encouraged to observe Lent through prayer, charity, and suitable self-denial. The Church reminds us that God does not desire penance that harms the person; true Lenten observance is a sincere **turning of the heart toward God** (cf. CCC 1430–1432).

Conclusion

Dear brothers and sisters, the practices of Great Lent are not ends in themselves. They are sacred means that lead us to genuine conversion—helping us love God more deeply, turn away from sin, and live more fully as disciples of Christ. May this Great Fast be a blessed journey that draws us closer to the Cross and prepares us to rejoice in the glory of the Resurrection.

May the Lord grant us the grace to walk this holy path faithfully and fruitfully.

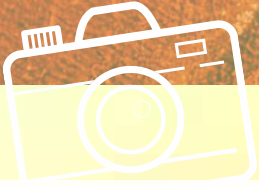
Fr. Abraham Mutholath





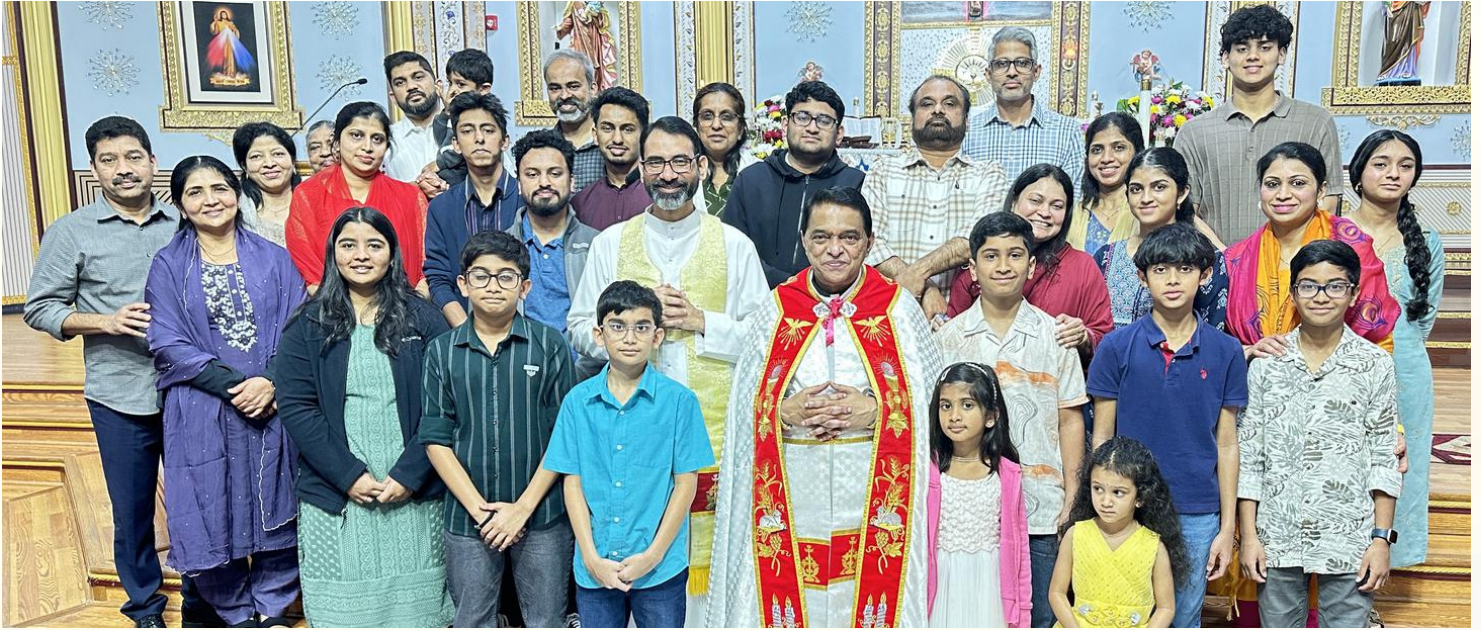
UPCOMING EVENTS AND ANNOUNCEMENTS

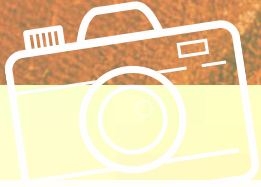
- [Homily on Mathew 5: 17-26 by Fr. Abraham Mutholath in Houston on February 8, 2026.](#)
- Our annual pothuyogam will be held on Sunday, February 22nd, after 7:30 A.M. Qurbana.
- St. Pius X Koodarayogam will have Family Year blessing and renewal of wedding promises by couples on February 22nd after each Qurbana.
- This Wednesday, February 11th is the feast of Our Lady of Lourdes.
- This Friday is the memorial of the dead as per Syro-Malabar Calander. Please try to attend Qurbana either at 9:00 A.M. or 7:00 P.M. to pray for our departed souls.
- Next Sunday is the beginning of the Season of Great Fast and the day after that is the Ash Monday.
- Next Baptism class via zoom will be on Thursday, February 19th at 8:30 P.M.
- Upcoming Holy Childhood Program is scheduled for Friday, the 13th, soon after the 7:00 PM Qurbana. No registration is required. Snacks will be provided.
- Altar servers training for girls has started. If any body else wants to join, please contact Sr. Reji SJC.
- It has come to the attention of the Parish Council that during recent Sunday collections, several counterfeit "movie prop" \$100 bills have been discovered in the offertory baskets. We wish to address this matter with pastoral concern, while also recognizing the seriousness it requires. We respectfully remind everyone that placing counterfeit currency in the church offering — regardless of intent—is both morally inappropriate and a violation of civil law. In keeping with our legal responsibilities, the Parish Council has decided that such counterfeit notes must be handed over to the appropriate law enforcement authorities. To ensure proper handling, the parish trustees have used protective gloves while securing these notes, so that any necessary fingerprint detection may be preserved for official investigation.



SNAPSHOTS

SACRED HEART KOODARAYOGAM FAMILY BLESSINGS





SNAPSHOTS

HOLY CHILDHOOD MINISTRY SAINTS COMPETITION

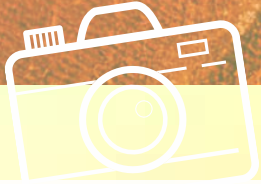


GRADE 5



GRADE 6





SNAPSHOTS

GRADE 7



GRADE 8



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2026 February 27 - March 10

Assam, Meghalaya, Arunachal
Pradesh, West Bengal (Calcutta)

Don Bosco Museum, Shillong
Peak, Cherrapunji (Sohra)
Mawdok Valley Viewpoint
Living Root Bridge
Umngot River
Kolkata Victoria Memorial
Howrah Bridge & Hooghly River
Mother Teresa's House
and many more..



IMPORTANT DATES

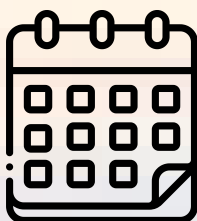
FEBRUARY 2026

FEB 11 WED: FEAST OF OUR LADY OF LOURDES (DAY OF THE SICK)

FEB 16 MON: LENT BEGINS. DAY OF FASTING

FEB 23 MON: FEAST OF SAINT POLYCARP

FEB 25 WED: FEAST OF BLESSED MARTYR RANI MARIA



KOODARAYOGAM ASSIGNMENTS
for Cleaning, Reading, Family Blessing etc

January - Sacred Heart

February - St. Pius X

March - St. Jude

April - St. Thomas

May- St. Ann & St. Christopher

June - St. Michael

July - St. Xavier

August - St. Theresa

September - Holy Family

October - St. Alphonsa & St. George

November - St. Stephen

December - St. Antony



CATECHISM CORNER

UPDATES

SAINT OF THE WEEK

ST. SCHOLASTICA
FEBRUARY 10

PATRONAGE:
BENEDICTINE NUNS,
EDUCATION



BIBLE PASSAGE

VERSE OF THE WEEK

1 CHRONICLES 17:8

AND I HAVE BEEN WITH YOU
WHEREVER YOU WENT, AND HAVE
CUT OFF ALL YOUR ENEMIES
FROM BEFORE YOU; AND I WILL
MAKE FOR YOU A NAME, LIKE THE
NAME OF THE GREAT ONES OF
THE EARTH

- EXODUS 24:12-18
- SIRACH 2:1-11
- HEBREWS 2:10-18
- LUKE 4:1-13

WEEKLY SCHEDULE

QURBANA SCHEDULE

MON - FRI: 9:00 AM (MAL)
7:00 PM (MAL)

SATURDAY: 9:30 AM (MAL)

SUNDAY: 7:30 AM (MAL - SOLEMN)
9:30 AM (ENG)
11:30 AM (MAL)

CATECHISM

SUNDAY: 10:30 AM

CONFESSION

MON - FRI: 6:00 PM - 6:45 PM
(ALSO ANYTIME UPON REQUEST)

NOVENA (AFTER QURBANA)

TUESDAY: ST. ANTONY

THURSDAY: ST. JUDE

FIRST FRIDAY: SACRED HEART

SATURDAY: B.V. MARY

ADORATION

MON - FRI: 6:00 PM - 7:00 PM

SATURDAY: 8:30 AM - 9:30 AM

FIRST FRIDAY: 8 PM TO 9 PM (MAL)

THRID FRIDAY: 8 PM TO 9 PM (ENG)

OFFICE HOURS

PLEASE CALL FOR APPOINTMENTS

CONTACT INFORMATION**VICAR / PASTOR:****FR. ABRAHAM MUTHOLATH: 773-412-6254****TRUSTEES:****SAJI MARANGATTIL 832-428-6303****SABU KARUKAPARAMBIL****JAMES VADAKEKARA****NIDHIN VATTAMATTATHIL****FACILITY MANAGEMENT:****SIMON ELLANKIYIL: 281-499-5573****BIBY THEKKANATT: 248-974-5100****THOMAS KANICHATTUMTHARA:
786-216-2938****MATHEW THEKKETHIL: 832-661-6305****ASSOCIATE PASTOR:****FR. JOSHY VALIYAVEETIL:****224-775-8039****PASTORAL COORDINATOR:****BIBY THEKKANATT: 248-974-5100****OFFICE SECRETARY:****SR. REJI SJC: 832-679-3702****PRO:****ALVIN MUKALEL: 346-702-9498****DRE:****JOHNSON VATTAMATTATHIL:
201-270-9360****PARISH BULLETIN EDITORIAL BOARD:****ALVIN ABRAHAM MUKALEL
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